

GOOD MORNING

7:00 – 10:00am

The continental breakfast buffet offers the following:

Local Honey, Natural Yoghurt,
Sliced Meat, Sliced Cheese,
Homemade Compote,
Danish Pastries & Croissants

Selection of fruits. All poached in spiced syrup:

Apricots, Apples and Prunes

Dried Fruits, Nuts & Seeds:

Banana Chips, Cranberries, Pineapple, Figs, Apricots,
Sultanas, Pumpkin Seeds, Linseeds,
Sunflower Seeds, Walnuts & Desiccated Coconut

Selection of Cereals:

Cornflakes, Bran Flakes,
Muesli & Homemade Granola

Fresh Fruits:

Fresh Water Melon, Pineapple, Orange Carpaccio & Fruit
Basket

Selection of Juices:

Orange, Apple, Cranberry & Grapefruit

Your choice of either...

Freshly ground coffee or tea will be brought to your table,
accompanied by your choice of white, wholemeal or mixed
toast.

Non Resident Breakfast Prices

Continental Breakfast - £8.50

Full English and Continental Breakfast - £12.50

STANWELL HOUSE BREAKFAST

Choose from:

New Forest Bacon, Sausage, Black Pudding,
Flat Mushrooms, Baked Beans, Tomato

Accompanied by your choice of:

Scrambled, Fried or Poached Eggs

(Vegetarian option is available upon request)

BREAKFAST SPECIALS

Boiled Eggs with Toasted Soldiers
(Please specify Hard or Soft Boiled)

Traditional Porridge
Demerara Sugar, Honey

Pan Fried Smoked Haddock
Poached Eggs, Thyme Cream

Grilled Kippers
Lemon, Parsley Butter

Eggs Benedict
Home Roasted Ham, Poached Eggs, Hollandaise Sauce

Smoked Salmon with Scrambled Egg
On Toasted Muffin

Eggs Florentine
Spinach, Fresh Tomato, Poached Eggs, Hollandaise Sauce

Eggs Royal
Smoked Salmon, Poached Eggs, Hollandaise Sauce

*Should you have any dietary requirements - please inform
a member of the team as soon as possible.*